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At first look it may seem that society life is peaceful and quiet. People are surrounded by comfort and convenience and don't seem to be longing for anything else. The real life seems less colourful than from the first sight. The more independent we become, the lonelier we become. Loneliness creates stress and aggravation within the micro climate of an individual and he/she always discovers ways to get rid of negative feelings and problems that circle a person. If a grown up is under pressure, can you imagine how hard it is for a teenager to get acquainted with the world around and face first difficulties. Both adults and kids look for a quick fix from stress and the first thing they get a hold on is either alcohol, cigarettes or even drugs.

People have a freedom of choice, but the question to ask is will this choice be easy or right? Persons with a strong personality will never pick the easy way if it will appear to misleading. A weak personality will do everything to postpone the solution of the problem. Alcohol or the "spirits" is something that may make the world look different and friendlier for an hour or so. If that is the example of a weakness of a grown up, you can imagine, how much more impressible a teenager is. There are a reasons for a teenager to take a glass or two and continue this habit even more often than a grown up.

To begin, they may be taking after parents that have this problem within the family and consider it normal when their child drinks spirits right in front of them. Parents might not even realize or care what happens even more often, than be alcohol addicted themselves. The problem may be built around the family ignorance as it doesn't harm anybody but the individual rebelling. The "rebellious family member" is usually a teen that requires attention of parental figures that for some reason can not provide it to the fullest. Another reason may be to show off, to be different, not like others that look so boring and so not fun. And another one that is called the "grown-up reason" is the desire to escape from the reality by means of drinking alcohol.

This is a serious problem that the government and social organizations can not fight alone. If the society realizes the importance of the cure from [Addiction And Recovery](#) and [Alcoholism](#), then the lifestyle of the society will change for better.

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