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# **Costa Mesa Chiropractic Boosts Energy For Lethargic Patient**

My life has changed so much since I began my chiropractic treatments! I tried sleeping pills from over-the-counter pain medications down to prescriptions from a medical doctor. [Chiropractor In Costa Mesa](#)

Having one cold to another, I always feel tiresome and run down. However, I was surprised when he concluded that I was just trying to get prescription pain killers and making all things up. My friend told me how pleased she is with Dr. Candice McCowin, DC and her staff at Great Life Chiropractic when I vented out my surprise to her. She told me schedule an appointment the soonest.

Initially from the start, I was impressed. I did not have to wait too long before I was seen by Dr. McCowin. She and her staff made sure I felt at ease as I filled out a few forms, provided my medical history, and then answered their questions.

Actually, the first appoint I had with Dr. McCowin was the best thing I have ever done to myself so far and really turned my life around. With each treatment, I felt better and better. The pain subsided quickly and I began to feel more energetic gradually.

I began to realize that what I had grown to consider “normal” was certainly far from it. It was like I have grown to accept that pain is a part of my everyday life instead of being concerned about it. Dr. McCowin's treatments gave me a realization that part of the problem was the muscle spasms I had experienced on-and-off for several years. I find it funny to recall and see so many problems could have been resolved before if only I had sought chiropractic care long ago.

My treatments at Great Life Chiropractic is what I am looking forward to now. Actually, I would feel much regret if I miss an appointment. So I make it a point that my schedule is sorted out properly for me to make it each time. I am always delighted with the improvement I get from each treatment.

I feel so great that it's been a while that I have not needed a sick day off from work. With the extra energy that I feel, I have been able to get a lot more done at work and at home. Before stress can get any chance to set in, I am able to let go of it when it is time to relax.

One day, a co-worker mentioned that she was feeling lethargic and had no idea where the problem is coming from. I was delighted to tell her about my experiences with Dr. McCowin and Great Life Chiropractic. I let my co-worker know how friendly the staff was and the positive changes that have come about in my life since the day I had my first appointment. [Chiropractic Care In Orange County](#)

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