

Published based on [How To Heal Hemorrhoid](#)

How To Heal Hemorrhoid

What is the meaning of Hemorrhoids and in what manner may they be appropriately treated? Hemorrhoids start because a pressure is applied to the rectum or anal area, which may be started by constipation, being seated for long amounts of time and intense weight-lifting.

Because of these situations, pressure builds in the anus and rectal area, starting the vein bulging. Hemorrhoids are veins which become enlarged in the place of the rectum. In very advanced cases, the veins will be unable to cope with the pressure and may in fact burst and begin bleeding.

There is a common misconception among people that Hemorrhoids can be treated externally by applying cream or other medicines on the affected area. However, this supposition may not be more untrue. The first line of treatment focuses on stopping the manifestations that are causing the person to feel undue suffering.

Bathing in lukewarm water many times during the day can reduce the pain and relax the nerves. Ice packs are also used in order to reduce the swelling due to bulging veins. Application of petroleum jelly, cortisone creams, hemorrhoid cream can also help relieve the pain.

The anus must additionally be washed following every bowel movement. There are more methods that are sometimes used to get rid of internal Hemorrhoids when the situation does not get better after these treatment protocols.

Rubber band binding is a commonly performed method for the treatment of people with Hemorrhoids. The procedure involves placing a small band at the base of the Hemorrhoids. This band halts blood supply when it gets to the Hemorrhoid which causes the death of a Hemorrhoid and it will drop off during the timeframe of a week.

The Injection Sclerotherapy procedure involves chemical shots in the area near the Hemorrhoid. The chemical causes inflammation of the veins and this result in the Hemorrhoids shrinking.

The Infrared Photocoagulation process consists of infrared light which causes veins to clot which makes blood supply to the Hemorrhoid stop so the Hemorrhoid becomes little and falls completely off.

In Laser Coagulation the electric waves are directly applied to the painful Hemorrhoid. The electric current leads to a chemical reaction and this also results in the blood supply to shut off to the Hemorrhoids. Due to lack of blood, it gradually loses its size and shrinks.

The surgical treatment option is known as Hemorrhoidectomy, where the Hemorrhoids are removed from the anal canal. All these treatments are highly effective in treating Hemorrhoids and you can choose one after consultation with your physician.

As you can see, I can list many ways to [treat Hemorrhoid](#) but I think you should check out my website for better advise.

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