

Published based on [Salitair Salt Pipe Inhaler - 100% Natural Asthma Relief - As Seen On TV!](#)

Salitair Salt Pipe Inhaler - 100% Natural Asthma Relief - As Seen On TV!

A [dry salt inhaler](#) such as the Salitair can really improve your quality of breathing. Salt Inhalers Can Help Relieve:

- Whooping-cough and chest infections
- General breathing difficulties
- Colds, persistent coughs and sore throats
- Respiratory problems caused by smoking
- COPD and Emphysema

In February, The Salitair salt air inhaler was featured on ITV's This Morning by Dr Chris Steele. He showed the way the Salitair can help those that have asthma, respiratory allergies such as hayfever, COPD, flu and colds as well as many other respiratory ailments. Ever since this feature, thousands of people have purchased the Salitair salt therapy salt pipe and remarked on the significant improvement to their quality of breathing..

The Salitair salt air inhaler is used for 15 minutes on a daily basis, which is simple to fit into your day. You can use it anytime during the day, whilst reading and relaxing, or watching tv. Simply use your salt inhaler everyday and you'll see wonderful results.

People who have COPD, emphysema and asthma have reported that they have experienced a less disturbed sleep along with a reduction in coughing and wheezing. The Salitair is also used by hay fever sufferers to reduce the stuffiness that will often spoil a summer.

Salt inhaler therapy causes mucus to become thinner allowing easier expectoration, easier breathing, a substantial improvement in FEV1 along with reducing night suffocation. The Salitair salt therapy salt pipe clinical test results suggested that the salt air inhaler was effective in providing these fantastic improvements which has been confirmed time and time again by customers, quite a few of whom have bought several salt air inhalers for friends and family.

Using the Salitair is easy. Simply fill the chamber with salt crystals that are provided with the Salitair and breathe in through the mouthpiece and exhale through the nose. Carry on doing this for around 15 minutes a day, and you will begin to see the amazing benefits of salt therapy on your breathing. The Salitair salt therapy salt pipe is constructed of an easy to hold and carry plastic chamber which contains the salt crystals, and two filters where the air is allowed to pass through and create the salty microclimate ready to be inhaled. This also allows the Salitair to be cleaned with ease when required. The salt crystals that are provided with the Salitair last for three to four months giving you plenty of time to experience the benefits of the Salitair salt inhaler system.

The Salitair is not only a great product to buy for yourself to improve your condition, but makes the perfect healthy gift for friends and family who may suffer from asthma, COPD or emphysema.

The salt crystals used in the Salitair are 100% natural and there are no additives or preservatives. The levels of salt inhaled when using the Salitair ensure that there is no risk to those with high blood pressure although it is always recommended that you consult your GP before use to ensure that the Salitair is suitable for you.

There is also *more information on [salt inhaler](#) products* if you would like to do some additional reading. There are many on the market, that differ in quality. Make sure you pick a salt air inhaler that has been medically backed and uses official salt crystals known to benefit the respiratory system.

You can buy the [Salitair salt inhaler](#) from Tower-Health.co.uk - the official Salitair Manufacturer and Distributor They also provide a wealth of alternative, natural health products related to breathing ailments and pain relief which will really help you make the most out of your life.

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