

Published based on [Similarities and Differences Between Bacterial Vaginosis and Yeast Infection](#)

# **Similarities and Differences Between Bacterial Vaginosis and Yeast Infection**

The best way to describe the difference between [bacterial vaginosis and yeast infection](#) is by the kind of vaginal discharge they produce. In a yeast infection, the discharge is normally thick, odorless and white. With BV, the discharge is thin, milky white or gray, and usually has an unpleasant (fishy)

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Normally the vagina contains an abundance of protective bacteria called lactobacilli. When these "good" bacteria are removed, there's an overgrowth of potentially "bad" or harmful bacteria that can lead to BV. Yeast infections occur when a fungus (or yeast) called candida albicans becomes unbalanced in the vagina and intestinal tract, due to a bad diet and antibiotics, which allows the candida to multiply quickly.

Scientists have found that many women are misinterpreting their symptoms. What they often assume is a yeast infection is in fact bacterial vaginosis. In a recent survey, 44 percent of women whom doctors diagnosed with BV had initially treated themselves for a yeast infection. These two types of vaginal infections have different causes, therefore they have different cures.

Pay close attention to any symptom in the vagina, and check with your doctor if you have any doubt between these two diseases. Here are the differences in a nutshell:

- Bacterial vaginosis has a mean fishy smell, yeast infection has no smell.
- Bacterial vaginosis has a white or gray thin milky discharge, yeast infection has a white and thick discharge.
- Up to half of women suffering from BV are affected with itching or irritation while almost all women with yeast infection has itching or irritation.
- The cause of BV is bacteria. The cause of yeast infection is yeast.

If you have BV and not a Yeast Infection keep on reading; here is some good news. The good news is that it's absolutely possible to live everyday of your life without nasty discharges or feeling uncomfortable because of bad smell. It doesn't have to be this way any more.

This BV cure is created by someone who's been there. The woman behind this BV cure|treatment[/spin] has cracked the code of getting rid of the disease. This fast working cure has given a lot of women [bacterial vaginosis relief](#) permanently.

by Gerd Petersen

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