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Smart Lipo - A Remarkable Modern Successor to Traditional Liposuction

While liposuction is one of the most popular reshaping procedures, it has the drawback of keeping people away from work for several weeks. There is a new procedure that is touted as revolutionary and a viable alternative to the old, tried and true liposuction procedure.

What is Smart Lipo?

The Smart Lipo procedure differs from the existing liposuction method, in that's a laser is used in the fat removal part of the process. A fine cannula is utilized to send power laser waves beneath the skin where fat cells are located. These are heated up by the action of the laser. This then leads to a collapsing and liquifying of the fat tissue. The fatty deposits then find their out of the body over time or are absorbed through natural means. This is one of several new techniques that are employing lasers for cosmetic surgery - take a look at [thermage](#) for supplemental info relevant to this topic.

The incision for the procedure is quite small and you will experience far fewer side effects than had you decided upon the regular liposuction procedure. This procedure is far quicker from start to finish than liposuction, and a local anesthetic rather than a general one is used.

Benefits and Advantages of Smart Lipo

Most of us are quite time poor. Taking the time for admission to the hospital is simply too time consuming. When having traditional liposuction surgery you must also schedule time in your calendar. Also, with liposuction you also need to allow time for post operative recuperation.

SmartLipo is the answer to those Smart Lipo gives an answer to all of these concerns. Often the procedure takes 1 to 2 hours; it can be done on an outpatient basis with the client being able to go back to work soon after. The procedure is quite effective in its fat removing results, and many clients are happy with their new bodies.

Parts Of The Body Where Smart Lipo is Most Effective

For the majority of people, liposuction is the solution for decreasing fat around the abdomen - consult [vaser lipo](#) to get additional info relating to this theme. Smart Lipo is an excellent method for reducing fats from the bottom, upper arms, chin and love handles.

Not everyone is anxious to go under the knife. They fear anesthesia and don't look forward to a stay at the hospital. Smart Lipo is a great option for those of us who would like to reduce our body fat, but without the experience of major surgery.

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