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The Serious And Sometimes Fatal Aftermath Of Anabolic Steroids

Discussion abounds around side effects when a well-liked professional athlete is recognized by the news media as a user of anabolic steroids. But this is nothing new and there are news items on this subject going back many decades. One beloved professional football player died of brain cancer very many years ago. He confessed to using anabolic steroids for the extent of his professional career. His ailment, he reported, was due to his excessive steroid usage. The use of steroids to intensify results is not possible even with the consideration of any heretofore-unknown angles. What follows is a serious discussion on the side effects of anabolic steroids.

We all know that professional levels of sports such as football in the US are highly dangerous in many ways. We are not capable of determining which people may be steroid users. Ligament and tendon injuries are common amongst upper level athletes, including footballers. We do not mean anything with this utterance. But one thing that is seen with steroid use is the greatly increased tendency toward tendon and ligament injuries. This can be understood with ease when you consider what underlying factors are at play. The resilience of the ligaments and tendons is not effected even as the muscles grow in strength from steroid use. The breaking of a rubber band that is drawn too tightly can be used as an illustrative example. For more idea you could well take a look into [Healthy Facts](#).

Easy to use geometry aids us in our understanding of one of the side effects of steroids on muscle development. The over-growth of the muscles can actually start to cause other physiological problems. The ever-enlarging muscles can encroach on the space requirements needed by bones and joints, for example. Therefore an interesting problem arises that the athlete must now deal with. The pro athlete will have to handle this situation as well as others that may arise from time to time. This leads to the case where the use of steroids leads to decreased benefits. With this condition it is common to see additional bone fractures.

Bodybuilders, beyond many other types of athletes, are especially susceptible to these risk factors. The goal is to increase muscle mass for the bodybuilder and not necessarily strength. Bodybuilders who use steroids in this manner actually put on mass from water retention, rather than muscle development. The main drawback is that this approach can induce stress on the heart. Because of this, body builders that use steroids often have high blood pressure. So much depends on the individual's tendency toward succumbing to a heart attack. Studies have shown that anabolic steroids usually causes erectile dysfunction. Moreover what is more upsetting is the truth that inspite of being aware of about the side-effects, adult men are using steroids. When they encounter the side-effects a lot of guys have to look out for medications such as levitra, cialis to fight the setback. Since this is an extremely delicate issue, guys find it extremely taxing to visit a doctor and converse their problems. Hence they look out for [Levitra Online](#).

It makes one wonder why steroids are so prevalent when using them has such dire consequences. Some people choose to mitigate some of these factors by opting to inject the drugs rather than take them orally. Intravenous injection of the drugs has been shown to reduce the severity of certain side effects. But don't think that you can just use steroids and not have to worry about the consequences. In what can only be called an exercise of futile stupidity, some professional athletes try to manage these side effects by using different methods of administration.

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