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What You Need To Be Aware Of Regarding Stretchmark Avoidance

Have you ever wondered the reason a stretch mark appears? If you have, then you need to look at the starting point of stretch marks. The starting point is, of course, is going to be your skin. A good place to review will be your three layers of skin. When you're armed with the proper information, picking out the stretch mark cream that's right for you is going to be a straightforward call.

Your first layer of this set is what we call the epidermis. When anyone looks at your skin, this is what they will see. This is your body's protective layer of skin.

This new stretch mark is purple, but it starts to fade. This is because of your 3rd level of skin. The third and final layer is referred to as the hypodermis or subcutis layer. When the dermis breaks open, the blood vessels in the hypodermis begin to show through. That creates the purple color. Less visibility will occur when your veins contract. Among the hottest and most effective ways to prevent as well as reduce stretch marks is to use [Skinception cream for stretch marks](#). In fact, maybe it's everything you need to get your skin normal again.

Typical Reasons Of Stretch Mark Formation

With the reason of how they are formed on the skin, it is formed on the skin, we take a look at the reasons why stretch marks appear. The basic factor is typically because of excessive weight gain in a short period of time. This goes past just obesity and overeating.

Young adults are often susceptible to stretch marks. This can happen even when they are not heavy. Even thin teens can be prone to stretched skin. It happens because teens grow rapidly and their skin sometimes can't keep up with sudden growth spurts.

Pregnancy is another typical reason for women. This is due in part to the number of hormones created into the body as part of the pregnancy progresses. Of course, we find that pregnant women also gain a substantial amount of weight in a very short period time.

Your Best Bet for Getting Rid of Stretch Marks

Now that you have learned all about stretch marks and what causes them, the next issue is how to remove them. You can now erase those stretch marks now that you understand all about them.

You could choose to purchase a cream to help to remove them or you may need to get a prescription from your doctor for a medicated cream. A choice you will have is to get a cream or prescription for them. It can take a while, but the mark may eventually begin to fade away. You can also choose to talk to your doctor about other options you have.

For your stretch marks, surgeries and laser treatments will also be possibilities available. Actually do yourself a favor and learn all you can about stretch marks and their treatments. Learn more [about stretch marks](#). Backed with the most accurate information you'll be able to choose the treatment plan that works best for you.

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