

Published based on [Which One Is The Most Powerful Hair Loss Treatment?](#)

# **Which One Is The Most Powerful Hair Loss Treatment?**

There are many problems that might result in hair loss and hair thinning. It may be as a result of the application of various external products or it may be that the damaged hair is just a reflection of the vitamin lack that the body is facing. Each hair grows in cycles, it grows, rests, and then falls out. Usually, this cycle repeats almost yearly. At any time, about ninety percent of a person's scalp hair is growing, a cycle that lasts between two and six years. Ten percent of the scalp hair is in a resting cycle that persists between two and three months. At the end of its resting phase, the hair goes through a shedding cycle. Shedding 50 to 100 hairs a day is viewed as common.

A number of causes might be identified when analyzing loss of hair. These includes childbirth, when a woman is pregnant, her hair continues to grow. The typical 50 to 100 hairs a day are not shed. Nevertheless, after she delivers her baby, many hairs enter the resting stage of the hair cycle at once. Within two to three months after delivery, these hairs may all fall out together and be seen as great amounts of hair coming out in their brushes and combs. Also the low serum iron can cause hair loss. Iron deficiency sometimes produces the loss of hair. Low iron can be detected by laboratory tests and adjusted with iron pills.

Infections, ringworm, or tinea capitus, are also common fungal infection in children. Patches of hair may be lost and replaced with pink scaly skin.

Luckily enough, there is a solution to just about every problem. For that reason, you may need to pick a [hair treatment](#) from those listed below. Alternative and natural treatment options for loss of hair are in a great demand currently. That's why many of clinically tested and designed formulas are somewhat expensive, and so does a visit to a hair thinning specialist.

Using lavender for the loss of hair is not a new idea, because stimulating properties of this herbal remedy were known centuries ago. The most common way to use essential oil to stop or slow down the loss of hair is rubbing them into the scalp. Rub several drops of high quality lavender oil into your scalp, paying a particular attention on your bald patches and spots. Keep on massaging for 5-10 minutes, and next wash the oil away with your common shampoo and hair conditioner.

Furthermore, ginger root is not only a known culinary spice, but also is a great natural hair loss treatment. Using fresh ginger root extracts and products can make your hair look stronger and more gorgeous. The simplest way to use ginger for hair loss is extracting fresh ginger juice and rubbing it into your scalp. Do not let ginger juice get dried out on your scalp, hold the juice for 5-10 minutes only and next wash it away with your regular shampoo. Repeat the procedure once a week, and you'll be able to notice positive changes of your hair quality just in one month or so: your hair will start looking glossy, strong and healthy. One more effortless alternative for those who notice that their hair is beginning to fall is represented by Provillus loss of hair treatment. Provillus for men is a proprietary blend of herbs and nutrients that block DHT production and begin the regrowth of new hair, with the help of two major hair treatment ingredients that can stop the DHT from forming: Saw Palmetto and Nettle Root. Provillus for men formula contains also Minoxidil, the FDA approved ingredient for hair re-growth. Provillus for women has the only FDA approved hair treatment ingredients for women, being specially designed for a woman's exceptional needs, with essential minerals and vitamins helpful for hair regrowth, such as Zinc, Magnesium, Biotin and Vitamin B6.

The good reason why one should choose this item is not only represented by the positive [Provillus reviews](#), but also by its excellent characteristics. Being 100% natural, the customer will become aware of a difference in the hair texture. The treatment is completely painfree and has no unwanted side effects. Furthermore, a 90 days guarantee is offered so that one can be certain that they will get their money back if the product is not correct for them. Treat your hair well and rest assured that it will return the favor. So choose the correct hair treatment and wait for the outcomes. Or get your own [Provillus hair loss treatment](#) and know for sure that your problem has reached its end.

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