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Why Not Get a Tummy Tuck with Hysterectomy - Yes I Am For Real?

At first thought, having a tummy tuck at the same time as a hysterectomy may seem to be a concept whose time hasn't come ; however, at 2nd thought the concept seems virtually natural. Having the two procedures done at the same time means cutting everything in half. The woman only has to go under anesthesia once and only has to go through recovery once. An extra benefit for some women might be that having stomach tucks with their hysterectomies may scale back the financial burden of that process. Leaving the recovery room with a flatter stomach can offer a small mental lift as well .

What are the essentials for mixing a tummy tuck (known in medical parlance as an abdominoplasty) with a hysterectomy? First, and most importantly, a girl must receive the absolute approval and cooperation of the surgeon performing her hysterectomy. Though most physicians will not dispute the two can be done at the same time, there are some extra risks. Some doctors may be reluctant to subject their patients to that additional trouble. The tummy tuck is surely the secondary operation and should in no way interfere with the primary process. In some cases, getting the doctor doing the hysterectomy to go along with the doctor doing the tummy tuck will be no problem at all ; there are doctors who do both. Most ladies possibly will not find a doctor prepared to multitask in this manner though so the 2nd imperative task becomes having the 2 doctors coordinate their schedules. They may also need to devise the routine by which the two operations will be performed. In order to have the patient under anesthesia for the shortest time possible[**] as far as can be prepared the two doctors will work in unison. The work of the gynecologist will, of course, take precedence over that of the cosmetic surgeon.

Before the surgery occurs, a lady undergoing both procedures at once will need to consult with her insurance carrier. Tummy tucks are rarely, if ever, covered by insurance. Although plenty of the expenses might be rolled in with the expenses of the hysterectomy, it is imperative the insurance carrier be informed beforehand.

Trying to bum a ride for the tummy tuck on the back of the hysterectomy without first chatting to the insurance corporation could have dire monetary results. A lady should also bear in mind that although she'll only have to go through recovery only once, it may be more agonizing and tiring to recuperate from 2 procedures at the same time. Tummy tucks can be excruciating the

First 1 or 2 days after the operation ; they can also cause fatigue and even minor depression. Obviously, the return from a hysterectomy is even harder. All of these problems might be fired by a lowering or outright cessation of hormones which may go with some forms of hysterectomy. in the final analysis, a girl facing a hysterectomy who would like to have a tummy tuck at the same time might essentially be ready to do so. Coordinating the 2 procedures will take some effort. Recuperation might be somewhat harder.

Still, for some the benefits of having a stomach tuck at the same time as their hysterectomies may outweigh the drawbacks. So, if a lady is of the mind, she needs to get on that net and start scouting plastic surgeons that are up to the task.

Having a Hysterectomy? Concerned about what should be expected [After a Hysterectomy](#)? Check our brand spankingnew electronic book women's Hysterectomy Stories The Necessary Guide by : Ruth Steeves at <http://www.hysterectomyresources.com>.

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