

Published based on [5 Simple Tips For Enjoying An Alfresco Lunch](#)

5 Simple Tips For Enjoying An Alfresco Lunch

What better way to enjoy a warm Summer's day than by grabbing a blanket and heading out to the countryside for a picnic. It doesn't matter whether you are enjoying a picnic with a group of friends, your loved ones or with your family a fully stocked hamper will go down well. Getting the right combination of food and drink in your [luxury food hamper](#) can be tricky and if you want to impress then home made sandwiches might not cut it. With that in mind here are some ideas for putting together a luxury food hamper.

1. A Quiche - It is important to make sure you have a decent bit of food to eat and quiche is a great accompaniment to most other snacks. You will find a selection of different quiches available from traditional quiche lorraine to the more extravagant, which means you'll be able to find something to suit your pallet.
2. Salad - Salad can be a refreshing and healthy treat for everyone to enjoy. A nice Greek salad can be quite refreshing but if you are a salad dodger then a potato salad might be more up your street.
3. Your Choice Of Cheese - A good piece of cheese is great for a picnic. You could get your favourite cheese or a selection of different ones. A selection is a great idea if you have a group of people going and it is a great opportunity for trying something new.
4. Something Refreshing - If you are planning your picnic on a hot day then you are going to need something to drink. The sort of drinks you serve will depend on the sort of people you are planning on enjoying your picnic with. Those of you that are planning on spending the day with the family would want to have a selection of different drinks to suit both young and old. If you are getting together with a group of friends then you might want to have a selection of beers although make sure you include some soft drinks for whoever is driving.
5. Just Desserts - Everyones favourite part of most meals let alone picnics is moving on to having a dessert or something sweet. For children you will want to have a selection of different sweets, just make sure you don't give them too many. If your tastes are more mature then you will want to have some muffins, cookies or perhaps a chocolate torte.

You can also find this article published on [5 Simple Tips For Enjoying An Alfresco Lunch](#), and on the tag pages [Eating Out](#), [Food and Drink](#), [Food Hampers](#), [Hampers](#).