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# **Enjoying Sushi The Western Way With New Generation Sushi**

People who fear to try a conventional sushi, thinking that it consists of raw fish, can feast on Gen Sushi. Gen sushi, or New Generation sushi, came into existence with the blend of western tastes and has a variety of vegetables and cooked dishes including scallops and tuna, for the timid people who wish to experience sushi. A few things should be kept in mind if you are thinking of trying gen sushi.

Gen sushi is a spin off form of the traditional Japanese sushi, for those who fear to eat raw fish sushi. This style of sushi has forms like the Boston rolls and the California maki rolls. Gen sushi is a great option for those people who do not wish to try the Japanese fish dishes like sashimi or nigiri.

The sushi should be eaten in a specific way, whether you are trying the gen sushi or feasting on traditional Japanese sushi. Japanese culture has polite methods of eating sushi which are also observed in the western restaurants as well.

For instance while sharing a common sushi platter, never pass sushi from one chopsticks to another. This activity is marked only at funerals and while eating, this looks very rude.

Also, you should be careful to place your chopsticks on your plate's edge or on the chopstick holders. Do not place your chopsticks with their base touching the table, and the rest on the plate.

Soy sauce is also another aspect of sushi eating manners which should be properly observed. Wasting soy sauce is considered ill manners in Japanese culture.

You should be careful to finish off the food that you ordered, so no food is wasted as it is considered bad manners.

Gen sushi is available at a specialty sushi store, although many grocery stores and Asian markets do have stock for sushi now. It is also available in restaurants which specialize in this style of sushi, or you can simply visit a traditional sushi restaurant. Whether you are looking for a healthy alternative, enjoy Asian cuisine or just like to experience different styles of food, Sushi has proven to be the answer for many Americans. With its low fat, healthy character and delicious taste sushi really is the food of the future – even though it's been around for more than a thousand years!

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